

# Egg Olympics

If going on an Easter egg hunt has lost its charm, it may be time for you to host the Egg Olympics! A series of egg-related events that the whole family can get involved in, the Egg Olympics can be suited to your kids' interests and become an all-day, outdoor event or a short, inside adventure on the next rainy day. No matter how you organize it, it will be a sure hit when spring fever rolls around!



## What You Need:

- Dozen eggs
- Two spoons
- Pencil
- Paper
- Egg decorating materials, such as paint, glitter, markers (optional)
- Frying pan, stove, and spatula (optional)

## What You Do:

1. Help your child choose which events to have in your Egg Olympics. For most of the events, hard boiled or raw eggs will work, but remind her to please use caution when handling a raw egg. She should wash her hands, and avoid touching her mouth or face.

## Suggested events are as follows:

- Balance an egg on a spoon and run from one side of the yard to the other without dropping it
  - Toss an egg back and forth with a partner for 20 throws without dropping or breaking it
  - Break an egg the neatest with one hand
  - Guess which egg is boiled and which is raw (then break them to find out)
  - Decorate an eggshell the best
  - Roll an egg with your nose from one side of the driveway to the other
  - Pass an egg chin to chin with another person without using hands or dropping it
  - Make as many words as you can out of "Egg Olympics"
  - Lay down and form an egg shape with your body
  - Cook the most delicious egg of them all
  - See who can throw an egg the farthest
2. Encourage her to pick events that cater to the strengths of your family members. Write down the events and a few general rules (such as how to decide a tie).
  3. Now it's game time! After each event, record the 1st, 2nd, and 3rd place winners. Hang the stats on the fridge at the end of the games to show off the skills of all the Olympians in your family!