Snack Logs

You've probably told your preschooler not to play with his food a million times over, but what if there was an activity where he didn't have to hold back? Construct little log building snacks! In this activity, make logs of peanut butter, honey, and cornflakes, and have your child create his own miniature house of logs. Not only will he get to learn a thing or two about sound structure, but he'll also have a yummy treat to look forward to afterwards. This is a great way to liven up afternoon snack time and can also work as a fun activity for your child's get-togethers.

Serves: 2 to 4

Cook Time: 30 minutes

What You Need:

- 1⁄3 cup peanut butter
- 3 tablespoons honey
- 1⁄2 cup crushed corn flakes
- 1⁄2 cup quick oatmeal
- 1⁄4 cup dry milk
- Chocolate sprinkles
- Measuring cups and spoons
- Mixing bowl
- Wooden spoon
- Baking sheet

What You Do:

1. Place the peanut butter and honey in a mixing bowl and mix well with the wooden spoon.
2. Add the corn flakes, oatmeal and dry milk. Mix well to form dough.
3. Pinch off a small amount of the dough mixture.
4. Roll the small amount of dough into 2" long x 1⁄2" wide logs.
5. Place the sprinkles on the baking sheet.
6. Roll the logs in sprinkles.
7. Stack the logs on a plate on top of one another to form a building.

Serve the building as a yummy dessert!

Adapted with permission from "Snacktivities!: 50 Edible Activities for Parents and Children." Copyright 2001 by MaryAnn F. Kohl and Jean Potter. Used by Permission of Gryphon House, Inc., Maryland. All Rights Reserved.
Downloaded from Education.com