Make an Olympic Torch

The Olympics present the perfect opportunity to learn about other countries, gain an appreciation of peace, and get inspired for athletic achievement. But they're also a great time for some Olympics crafts that will keep your child from spending *all* his time glued to the action.

Before the Games even begin, there is the ceremonious journey of the Olympic torch. Passed from hand to hand, and country to country, the torch must burn brightly as a symbol of the enduring tradition of the Olympics. Here's how to make your own:

What You Need:

- White poster board
- Packing tape
- Blue marker
- Red, yellow and orange tissue paper

What You Do:

1. Roll up the poster board until it is roughly the right size and shape to serve as the torch. Note which edge you want to be on the inside of the torch.
2. Apply a piece of packing tape to the inside of the cone, where the paper overlaps itself. Once secure, you can apply more pieces of tape until the cone is sturdy.
3. Decorate the torch with Greek designs such as the “key pattern,” and drawings of athletes running, wrestling, and swimming. Let your creativity run wild!
4. Once you’ve decorated your torch, its time to set it alight using flame-colored tissue paper. Select one sheet each of red, orange, and yellow, and insert them into the open top of your torch. Spend a minute arranging the paper so that it looks flame-like, then tape the bottom of the paper to the interior of the torch as best you can.
5. Now it’s time to carry the torch!

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