

Woven Paper Plate Dream Catcher

Native American legends tell of dream catchers filtering out bad thoughts for peaceful shut-eye, so help your child sleep easy with this beautiful dream catcher craft. Design your dream catcher on a paper plate, then use colorful yarn, feathers and beads to complete this slice of American history.

What You Need:

- Paper plate
- Hole puncher
- Pencil
- Colorful yarn
- Beads
- Feathers
- Scissors
- Stapler
- Tape

What You Do:

1. Have your child draw a design on the paper plate with a pencil, pressing lightly so the lines can be erased.
2. On the endpoints of the design, closest to the edge of the paper plate, help her hole punch the end of each line.
3. Choose one color yarn and have your budding crafter cut a piece the length of your arm.
4. Help your kid weave one end of the yarn back and forth through all of the holes. Start the weave from behind the plate. Leave at least 2 inches at your starting point behind the plate where you can tape it in place. When she finishes weaving the one color, make sure the yarn ends on the back of the plate and tape it in place.
5. Repeat this weave for all of the colors, until the pattern is covered in yarn.
6. Have your child punch 3-4 holes at the bottom of the plate, about 1" in from the edge.
7. Together, tie strings of yarn at different lengths, one per hole and knot them in place. Let them hang straight down from the plate.
8. Add beads by knotting them in place on each piece of yarn.
9. Lay feathers in place and help your kid knot the yarn around each feather to keep it in place.
10. Cut a 6-inch piece of yarn and staple both edges to the top of the plate for hanging.
11. Hang your child's dream catcher above her bed to make sure her dreams are full of happiness.

