

# Play Mood Charades!

Does your kid love to play charades? Mix things up and put a new moody twist on the classic game. Not only is this moods game a fun family activity, but it also helps with identifying emotion—a very important skill when it comes to both social development and reading comprehension!

## What You Need:

- Nothing—just a kid or two who wants to play!

## What You Do:

1. Tone, mood, and emotion are very subjective and hard to explain. Spend some time first just talking with your child about it. Mood is probably the easiest one to figure out. Ask your child to describe what a bad mood would look and sound like, and then a good mood. Kids should be able to give you a pretty good explanation of each. Then move on to more complex moods.
2. Come up with 20 different moods, and write each on a slip of paper. Examples to get you started:
  - Nervous
  - Confused
  - Frustrated
  - Hopeful
  - Excited
  - Stern
  - Uncertain
  - Confident
3. Get family and friends together for a game of mood charades! It's easy to play, but hard to win.
4. Split into two teams of two or more people. Each team should take turns. In a turn, a team member draws one of the mood slips from a hat or bowl.
5. Players must act out the mood, without saying a word! Set a time limit on the turn (thirty seconds should be about right), and see if her team members can shout out the correct mood! If so, they earn themselves a point, and it's the other team's turn.
6. Play until all mood slips have been drawn. The team with the most points wins!

