This lesson helps kindergartners express their emotions about moving to first grade. Featuring The Night Before First Grade by Natasha Wing, it gives young students ample time to introspect, write, and draw.

### Learning Objectives

Students will be able to reflect on their own feelings about moving to first grade.

### Materials and Preparation

- *The Night Before First Grade* by Natasha Wing
- Lined paper

### Lesson

#### Introduction *(5 minutes)*

- Talk to the students about getting ready to move to first grade.
- Tell them you are going to read them a book that will help them understand their feelings about going to first grade.

#### Explicit Instruction/Teacher Modeling *(10 minutes)*

- Go through the pictures in *The Night Before First Grade* as a class.
- Read the story aloud.
Guided Practice/Interactive Modeling *(10 minutes)*

- Have the students talk to you about some of the feelings they have when they think about going to first grade.
- Write out some of their emotions on the board.

Independent Working Time *(20 minutes)*

- Distribute the sheets of paper.
- Give students time to think about some other feelings they are having about going to the next grade.
- Give them time to write about how they feel about going to the next grade. Tell students they can use words and pictures to explain their feelings.

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**Extend**

**Differentiation**

- **Enrichment:** Have advanced students use only complete sentences to show their emotions—no pictures.
- **Support:** Allow struggling students to primarily use drawings for their assignment.
Review

Assessment *(10 minutes)*

- Collect students' writing assignments once they're done. Review them later to assess understanding.

Review and Closing *(15 minutes)*

- Pick a few random students to share their writing with the class.